**My Healthy Plate Rubric**

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|  | **4** | **3** | **2** | **1** |
| **Level of Assistance****(Weight: 5)** | Learner received no more than two verbal prompts to complete the food plate. | Learner received more than two verbal prompts to complete the food plate. | **Learner received more than two verbal prompts and some touch prompting to complete the food plate.** | Learner received hand over hand assistance to complete the food plate. |
| **Accuracy of food chosen for the fruit section of the plate.****(Weight: 1)** | **A fruit is glued on the red section of the plate conveying the learner’s understanding of the fruit food group.** | A fruit is glued on the red section of the plate; however, learner needed assistance identifying the food as a fruit. |  A food in the fruit group is glued on the incorrect section of the plate. | There is no fruit glued on the plate. |
| **Accuracy of food chosen for the vegetable section of the plate.****(Weight: 1)** | **A vegetable is glued on the green section of the plate conveying the learner’s understanding of the vegetable food group.** | A vegetable is glued on the correct section of the plate; however, learner needed assistance identifying the food as a vegetable. | A food in the vegetable group is glued on the incorrect section of the plate. | There is no vegetable glued on the plate. |
| **Accuracy of food chosen for the grain section of the plate.****(Weight: 1)** | **A food from the grains group is glued on the orange section of the plate conveying the leaner’s understanding of the grains food group.** | A grain is glued on the orange section of the plate; however, learner needed assistance identifying the food as a grain. | A food in the grains group is glued on the incorrect section of the plate. | There is no food from the grains group glued on the plate.  |
| **Accuracy of food chosen for the protein section of the plate.****(Weight: 1)** | **A food from the protein food group is glued on the purple section of the plate conveying the learner’s understanding of the proteins group.** | A food from the protein food group is glued on the purple section of the plate; however, learner needed assistance identifying the food as a protein. | A food in the protein group is glued on the incorrect section of the plate. | There is no food from the protein group glued on the plate. |
| **Accuracy of food chosen for the dairy section of the plate.****(Weight: 1)** | **A food of dairy or milk food group is glued on the blue section of the plate conveying the learner’s understanding of the dairy food group.** | A food from the dairy food group is glued on the blue section of the plate; however, learner needed assistance identifying the food as a dairy product. | A food in the dairy group is glued on the incorrect section of the plate. | There is no food from the dairy group glued on the plate. |
| **Neatness and Completeness****(Weight: 0.5)** | All five foods are glued on the plate and placed so that each food fits into each section. | **All five foods are glued on the plate while some foods are placed a little outside of the sections.** | Most of the foods are glued with some placed outside of the sections. | The plate is missing more than two foods out of the five food groups on the plate. |

**Total:** 31.5/42 = 75% = **Proficient**

**Comments:** Good work Austin!